

GOVT. E.V.P.G. COLLEGE KORBA, C.G.

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Year	2017-18
Date	6 February 2018
Event	Self defence training for girls
Speaker	Deepika Minj (DSP) and Deepa Kewart (Sub Inspector)
No. of Teachers participated	10
No. of Students participated	91
Content	<p>The internal quality assurance cell (IQAC) of Govt. E.V.P.G. College, Korba organized a programme on Self-defence training for girls. Deepika Minj (DSP) and Deepa Kewart (Sub Inspector) said that girls should make loud noises when attacked so that people around can come to rescue. In training programme different types of self defence has been shown-</p> <ol style="list-style-type: none">1. Hammer strike. Using your car keys is one of the easiest ways to defend yourself2. Groin kick3. Heel palm strike4. Elbow strike5. Alternative elbow strikes6. Escape from a 'bear hug attack'7. Escape with hands trapped8. Escape from side headlock <p>The session was conducted in the assembly hall of the college with around 15 teachers participating in the training programme.</p>




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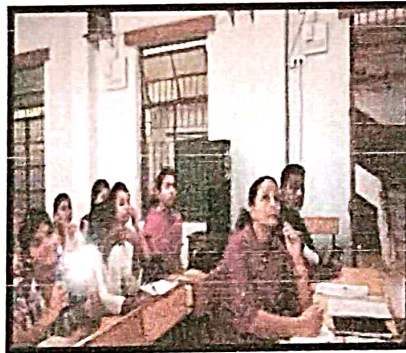


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Year	2017-18
Date	8 March 2018
Event	International Women's Day
Speaker	Dr. Pankaj Mehta
No. of Teachers participated	15
No. of Students participated	30
Content	The internal quality assurance cell (IQAC) of Govt. E.V.P.G. College, Korba organized a programme International women's day. Dr. Pankaj Mehta said that international women's day is a global day for celebrating the social, economic, cultural and political achievement of women's. International women's day is one of the most important day of the year to celebrate women's achievement to raise awareness about women's equality lobby for accelerated gender parity. The session was conducted in the assembly hall of the college with around 15 teachers participating in the awareness programme.




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